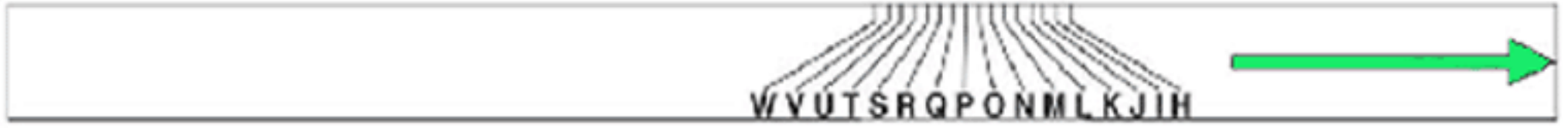


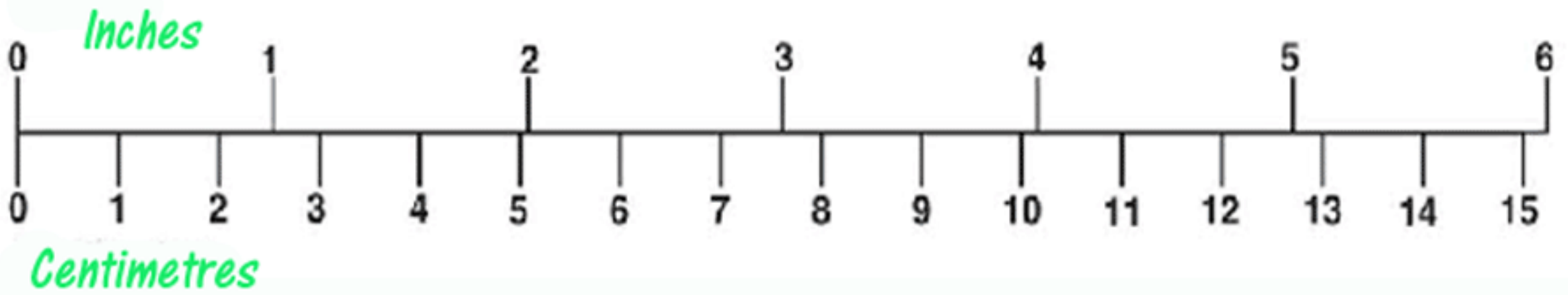
WORK OUT YOUR RING SIZE

To get a better idea of your ring size, cut out the strip below.

Starting with the arrow end, wrap the strip around your finger, making sure the strip will go over your knuckle. The letter that lines up to the arrow edge, is your size.



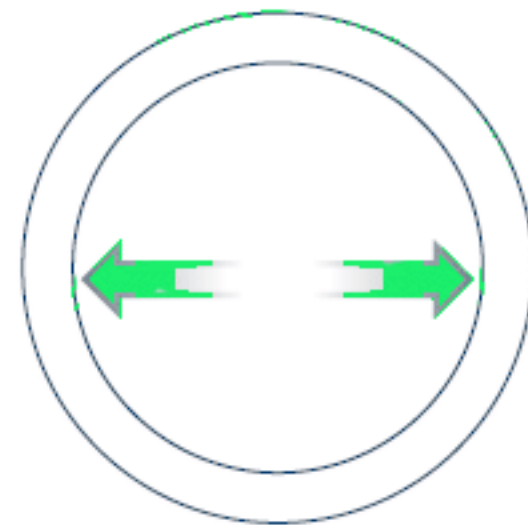
Check the size of your print. . . make sure that the scale below matches up to a ruler, making sure that your page scaling is set to "NONE" on your print dialogue box.



Another method is to:-

MEASURE A RING OF THE SAME SIZE

Select a ring that fits the finger you are choosing a ring for, then place it over the circles below. Match the inside edge of the ring to the circle closest in size. If you are in doubt, select the size larger.



Measurement is to match the inside of the ring

Size F 14.1 mm	Size F½ 14.3 mm	Size G 14.5 mm	Size G½ 14.7 mm	Size H 14.9 mm	Size H½ 15.1 mm				
Size I 15.3 mm	Size J 15.5 mm	Size J½ 15.7 mm	Size K 15.9 mm	Size K½ 16.1 mm	Size L 16.3 mm	Size L½ 16.5 mm	Size M 16.7 mm	Size M½ 16.9 mm	Size N 17.1 mm
Size N½ 17.3 mm	Size O 17.5 mm	Size O½ 17.7 mm	Size P 17.9 mm	Size P½ 18.1 mm	Size Q 18.3 mm	Size Q½ 18.5 mm	Size R 18.8 mm	Size R½ 19 mm	
Size S 19.2 mm	Size S½ 19.4 mm	Size T 19.6 mm	Size T½ 19.8 mm	Size U 20 mm	Size U½ 20.2 mm	Size V 20.4 mm	Size V½ 20.6 mm		
Size W 20.8 mm	Size W½ 21 mm	Size X 21.2 mm	Size X½ 21.4 mm	Size Y 21.6 mm	Size Z 21.8 mm	Size Z½ 22 mm	Size Z+1 22.4 mm		